

2010 HODAG SKATE CLASSIC

Basic Skills Competition

An approved USFSA Event

Saturday, April 10, 2010

Hosted by the Rhinelander Figure Skating Club
Rhinelander, WI
This is an open competition

A member of the Wisconsin Basic Skills Series



* ENTRIES MUST BE POST MARKED BY MARCH 1, 2010 *

Rules: This competition will be conducted in accordance with the rules set forth in the 2009-2010 edition of the USFSA Rulebook.

Events: Skater must skate at least at the highest level passed by March 1, 2010 and may skate up one level. Events include Snow Plow Sam, Basic 1-8, Limit Beginner, Beginner, Pre-preliminary and Preliminary compulsory moves and free skate as well as Preliminary and Pre-bronze dance.

Entries and Fees: Completed entry forms must be postmarked by March 1, 2010. Entries received postmarked after this date will be accepted only as space permits and must be accompanied by a \$20.00 late fee. Entry Fee is \$40.00 for the first event and \$20.00 for each additional event. No refunds will be issued after March 1, 2010, unless an event is cancelled due to lack of entries. **The Rhinelander Figure Skating Club reserves the right to limit entries by event based on postmark prior to the deadline, if estimated skating time exceeds available ice time.**

Please make checks payable to: **RFSC**

Mail to: Alison French
6194 Velvet Lake Road
Rhinelander, WI 54501

Practice Ice: Participants may reserve practice ice by completing the enclosed form. Program music will not be played on practice ice.

Registration: The registration desk will be located at the entrance of the Rhinelander Ice Arena. The registration desk will open prior to the first practice. Competitors must check in at the Registration Desk upon arrival.

Music: Music will be reproduced through the rink sound system from CDs furnished by each competitor. Only one song on the CD to play. All music must be turned in by each skater at least one hour prior to competing. Skaters should bring a back-up copy of their free skate music and have it at rink side.

Computation of Results: The closed system of judging will be used in all events.

Events/Awards: All events will be final rounds. Medals for beyond the basics events will be awarded for all placements. Every skater in basic skills events will receive an award. The skater is responsible for picking up award(s) during awards ceremonies. Awards will not be mailed to the skater. Skaters will be placed in groups according to age and skill level.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWFLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or Individual Dances.

Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. Skaters may have passed Pre-Preliminary Moves in the Field and still skate at Limit Beginner and Beginner. For events that are “Beyond the Basics” (Beginner, Pre-Preliminary and Preliminary) the US Figure Skating Rulebook # 1032 applies.

Please note: If a skater competes at a non-qualifying competition in a “Beginner or No Test” category, then that skater must compete at the equivalent or higher level in a Basic Skills approved competition.

Directions: The competition will be held at:

Rhineland Ice Arena
2021 E. Timber Drive
Rhineland, WI 54501
715-369-1416

(Do not send entries to this address)



ELEMENTS EVENT -BASIC SKILLS CURRICULUM

- To be skated on 1/2 ice
- No music
- All elements must be skated in the order listed
- Each skater will perform one element then will perform the next element when directed by a judge or referee.
- Time 1:00 or less

<p><u>Snowplow Sam - TOTS:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop <p>Age 5 and under</p>	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle - clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - min of three revolutions 4. Side Toe hop -either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles - 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside 3-turn - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles - 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line -across width of ice 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position - clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <p>Forward stroking</p> <ol style="list-style-type: none"> 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside 3 turns R and L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge) 5. Beginning one-foot upright spin, optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside 3-turn - R and L 4. Backward stroking 5. Backward snowplow stop - R or L 	

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level

Time: 1:00 +/- 10 seconds Snowplow Sam - Tots:	Basic 5:
<ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive in both directions 3. One foot spin - min of three revolutions 4. Side Toe hop -either direction 5. Hockey stop
Basic 1	Basic 6:
<ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<ol style="list-style-type: none"> 1. Forward inside 3-turn - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
Basic 2	Basic 7:
<ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line across width of ice 5. Moving snowplow stop 	<ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
Basic 3	Basic 8:
<ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive 3. Moving forward to backward two foot turn in either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka in either direction 4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
Basic 4	
<ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside three turn - R & L 4. Backward stroking 5. Backward snowplow stop - R or L 	

BEYOND THE BASICS EVENTS

Compulsory Events

- In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Skaters may have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner Compulsory	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin (free leg position optional) 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:00
Beginner Compulsory	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:00
No Test Compulsory	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin- sit or camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time: 1:00
Pre-Preliminary Compulsory	<ol style="list-style-type: none"> 1. Flip jump 2. Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump 3. Solo spin- sit or camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:00

Preliminary Compulsory	<ol style="list-style-type: none"> 1. Lutz jump 2. Jump combination (may not use Lutz jump or Axel) 3. Camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:15
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Test Track Free Skate (restricted)

NOTE: Skaters may enter EITHER the new test track or the well-balanced free skate track but **NOT** both. Competitors will skate to music of their choice. Deductions WILL be made for skaters including technical elements not permitted in the event description.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: Up to 1:30 +/- 10
Beginner	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: 1:30 +/- 10
Pre-Preliminary Test	At least two solo spins of a different nature (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:30 +/-10
Preliminary Test	At least two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:30 +/-10

Free Skate Well Balanced Levels (unrestricted)
(U.S. Figure Skating rulebook requirements)

<p>No Test Free skate</p>	<p>A well balanced program consisting of: Jumps: maximum of 5 jump elements. No axels or double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface</p> <p><i>Refer to U.S. Figure Skating rulebook #3 72 1 for more information</i></p>	<p>May not have passed any official U.S. Figure Skating free skate tests.</p>	<p>Time: 1:30+/-10</p>
<p>Pre-preliminary Free skate</p>	<p>A well-balanced program consisting of: Jumps: maximum of 5 jump elements. Axels allowed. No double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface</p> <p><i>Refer to U.S. Figure Skating rulebook #3 71 1 for more information</i></p>	<p>Must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test</p>	<p>Time: 1:30 +/-10</p>
<p>Preliminary Free skate</p>	<p>A well-balanced program consisting of: Jumps: maximum of 5 jump elements, one must be an axel or waltz jump type plus up to two different double jumps as individual jumps, jump sequences or jump combinations are allowed Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface</p> <p><i>Refer to U.S. Figure Skating rulebook #3 701 for more information</i></p>	<p>Must have passed no higher than U.S. Figure Skating Preliminary free skate test.</p>	<p>Time: 1:30 +/-10</p>

DANCE- Solo

You may enter one dance. If you have passed the USFSA Preliminary dance test you must enter pre-bronze dance. Number of patterns is 3 but may be adjusted by the referee.

1. Preliminary: Dutch Waltz
2. Pre-Bronze: Cha Cha

Hodag Skate Classic

BASIC SKILLS COMPETITION ENTRY FORM

Name _____ Age _____ Sex _____

Last First

Address _____ City _____

State _____ Zip _____ Email Address _____

Area Code/Phone # _____ Birth date _____

U.S. Figure Skating number _____

Highest Level Passed _____ Last Level Passed _____

Program Affiliation _____ Instructor's name _____

T-shirt will be included in the gift bag Please circle size desired YS YM YL S M L XL

Please check the event(s) you are entering:

Elements:

_____ Snowplow Sam (Age 5 and under for Snow plow Sam)	
_____ Basic 1	_____ Basic 5
_____ Basic 2	_____ Basic 6
_____ Basic 3	_____ Basic 7
_____ Basic 4	_____ Basic 8

Basic Program: (with music)

_____ Snowplow Sam (Age 5 and under for Snow plow Sam)	
_____ Basic 1	_____ Basic 5
_____ Basic 2	_____ Basic 6
_____ Basic 3	_____ Basic 7
_____ Basic 4	_____ Basic 8

Beyond the Basics

	Free Skate Test Track	Free Skate	Compulsories
Limited Beginner	_____	_____	_____
Beginner	_____	_____	_____
No Test	_____	_____	_____
Pre-Preliminary	_____	_____	_____
Preliminary	_____	_____	_____

Dance

_____ Dutch Waltz _____ Cha Cha

ENTRY FEE IS \$40.00 PER EVENT, \$20 PER EACH ADDITIONAL EVENT

First Event	\$	_____
Additional Event	\$	_____
Additional Event	\$	_____
Late Fee (\$20)	\$	_____
Practice ice	\$	_____

Total: \$ _____

The completed entry form, with fees, must be postmarked no later than March 1, 2010
Make check or money order payable to **RFSC** and mail to:

Alison French
6194 Velvet Lake Road
Rhineland, WI 54501

For additional information call:

Alison French, home number 715-362-8889 or email mafrench@charter.net

**ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE
UNLESS AN EVENT IS CANCELED.**

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the Rhineland Figure skating club and the Rhineland Ice Arena harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature _____ Date _____

Competitor Signature _____ Date _____

Instructor Signature _____ Date _____

Program Director/Club Officer _____ Date _____

Practice Ice Reservation

In addition to the normal warm up period associated with each skating event, you may purchase **one** 20 minute practice session per event entered. The competition committee will make every effort to ensure that all competitors have an opportunity to become familiar with The Rhineland Ice Arena. All practice sessions will be assigned by test level and limited in size, so specific requests for a particular time may not be honored. The times of the practice ice will depend on the schedule of the competition and available ice. The cost of a 20 minute practice session is \$5.00. Ice time may be reserved up to the day of competition. Practice time is first come, first served and is limited. We may have Friday evening ice as well, please check web sight.

Skater's Name _____ Age _____

Freestyle/Basic Skill Level _____ Compulsory Level _____

Dance Level _____ Coach: _____

Mail to:

Alison French
6194 Velvet Lake Road
Rhineland, WI 54501

Schedules will **ONLY** be sent to those who **enclose a self-addressed stamped envelope. We will email confirmations to anyone with a valid email address.**